

## Help lines:

### **Emergency – Fire, Police & Ambulance**

911

### **Oklahoma United Way Helpline**

211

### **Dearing House (Child Victims of Sexual Assault)**

580-762-5266

### **DHS – Ponca Office**

580-763-6700

### **DHS – Newkirk Office**

580-362-5800

### **Edwin Fair Community Mental Health Center**

580-762-7561

### **Living Hope Pregnancy Center**

580-765-0664

### **Missing & Exploited Children**

800-843-5678

### **National Suicide Prevention**

800-SUICIDE

### **Northern Oklahoma Youth Services**

580-762-8341

### **Office of Juvenile Affairs**

580-762-3281

### **Oklahoma Problem Gambling Hotline**

800-522-4700

### **Oklahoma Youth Crisis & Runaway Hotline**

800-448-4663

### **Ponca City Police Department – Non-Emergency**

580-767-0370

### **Teen line**

800-522-8336

### **Veterans Benefits**

877-222-8387

# Tribal Victim Service Programs:

## **Kaw Nation Domestic Violence**

Crisis line: 580-716-8156

Office line: 580-362-1098

## **Osage Nation Domestic Violence**

866-897-4747

## **Otoe-Missouria Tribe Social Services Victim Service Program**

Crisis line: 580-370-8209

Office: 580-723-4466 ext. 278 Advocate

Office: 580-723-4466 ext. 132 Social Service Receptionist

Office: 580-723-4466 ext. 256 Social Services Director

580-485-7424 – Hotline

## **Otoe-Missouria Tribe Domestic Violence Program**

Crisis line: 580-485-7424

## **Pawnee Tribe Domestic Violence**

Crisis line: 918-399-3310

## **Ponca Tribe Victim Services**

Crisis line: 580-352-4287

Office line: 580-718-1199

## **Tonkawa Tribe Victim Services**

Crisis line: 580-670-0982

Sexual Assault Crisis Line: 580-670-0018

# Free and Low cost meals:

## Asbury United Methodist Church

- Sunday  
8:25am – 9:00am  
700 W. Liberty

## The Mission

- Tuesday – Thursday  
9am & 1pm  
- Friday  
9am breakfast & carryout lunch from 9am – 12pm  
900 E. 7th Street  
Friendship Feast  
- Monday – Thursday  
5:30pm  
210 N. 5th Street

## Meals on Wheels

580-765-0331

## Senior Center

580-763-8051

# Grocery and Prescription assistance:

## **NERA - Food and Prescription Assistance**

- Monday  
12pm-3pm  
- Tuesday  
1pm - 4:30pm  
- Thursday & Friday  
9am – 3pm  
580-765-5372

## **Faith Tabernacle - Food**

580-762-7466

## **First Lutheran Church - Food**

(580) 762-1111

## **New Hope - Food and Clothing**

- Tuesday  
9am – 12pm  
401 S Perry

## **The Mission - Food**

- Every 3rd Wednesday  
9am - 11am  
580-765-1426

## **Wheat Heart Nutrition Center - Senior Food Assistance**

580-767-1620

## **Wee Care Center - Child Care Assistance**

Tuesday & Thursday  
10am - 2pm  
580-765-3610

## **RX Oklahoma - Prescription Assistance**

877-794-6552

## **Utility and Rental assistance:**

### **Grace Episcopal Church**

109 N 13th St

580-765-7609 - Call to Schedule

### **First Christian Church**

- Wednesday 10am - 12pm

210 N. 5th Street

580-762-1667

### **First United Methodist Church**

- Wednesday 10 :30am – 12pm

200 S. 6th Street

580-762-1681

### **First Lutheran Church**

1101 N. 4th Street

580-762-111 - Call to Schedule

### **NERA**

- Tuesday

112 S. 1st Street

580-765-5372

### **St Mary's Catholic Church**

707 E. Ponca Street

580-765-6031 - Call to Schedule

# Tribal Social Services Departments/ LIHEAP & LIWAP

## **Kaw Nation Social Services**

Office: 580-269-1186

## **Otoe Missouria Tribe Social Services**

Office: 580-723-4466 ext. 132

## **Ponca Tribe LIHEAP**

580-763-0135

## **Tonkawa Tribe**

580-628-2561 ext. 113

